Agency: Your Agency Name

TABLE OF CONTENTS

PART I – PROGRAM, REGULATIONS, AND POLICY 5
1. Introduction and Significance of Falls 5
2. Definitions and the Four C's Approach 5
3. Regulatory and Accreditation Framework 6
4. Fall Prevention Program Priorities and Roles 7
5. Fall Prevention Policy and Procedure 8

PART II – SCREENING AND ASSESSMENT 10
6. Fall Risk Factors 10
7. Screening and Risk Stratification 10
8. MAHC-10 Fall Risk Assessment Tool 11
9. Functional Tests: Timed Up and Go, 30-Second Chair Stand, 4-Stage Balance 12
10. Orthostatic Hypotension: Assessment and Interventions 13
11. Medication Review and Fall-Risk-Increasing Drugs 14
12. Home Fall Safety Checklist 15

PART III – INTERVENTIONS AND SAFETY PROTOCOLS 17
13. Individualized Fall Prevention Interventions 17
14. Exercise, Therapy, and Equipment 18
15. Safe Patient Handling and Staff Safety 18
16. Post-Fall Protocol 19
17. Special Populations 20
18. Communication with the Practitioner, Patient, and Family 20

PART IV – CLINICAL FORMS 22
19. Fall Risk Reduction Plan 22
20. Fall Risk Discipline Trigger 23
21. Practitioner Communication: Fall Risk 24
22. Fall Incident Report 25
23. Post-Fall Huddle (Root Cause Review) 26
24. Emergent Care for Injury Caused by Fall: Review Tool 27
25. Fall Team Communication Note 28

PART V – PATIENT EDUCATION 29
26. Patient Education: Preventing Falls at Home 29
27. Educación al Paciente: Cómo Prevenir Caídas en el Hogar 30
28. My Emergency Plan / Mi Plan de Emergencia 31

PART VI – QUALITY PROGRAM (QAPI) AND TRAINING 32
29. Fall Program Measures 32
30. Agency Fall Prevention Program Evaluation (Quarterly) 33
31. Leadership Action Items 34
32. Leadership Action Plan: Interventions and Evaluation 35
33. Monthly Falls Tracking Log 36
34. Fall Prevention Log 37
35. Monthly Fall Prevention Intervention Summary 38

Agency: Your Agency Name

36. Annual Fall Risk Data Collection 39
37. Quarterly Fall Investigation Report 40
38. Employee Information and Training Record (Fall Prevention) 41
References 42